



Konnect

Fight Fear
WEEK 3

Week 3: I'm Not Afraid

Fear is a feeling; it's not who you are. Fear is good when it stops you from hurting yourself, but don't let fear stop you from doing the good things you need to do!

10,000
POINTS

Complete this activity with your family!

Circle the times when fear is good. Cross out the times when fear is bad.

Fear keeps me from ...

- | | | |
|------------------------------------|----------------------------------|---|
| ... touching the hot stove. | ... praying out loud. | ... trying a new food. |
| ... telling my friend about Jesus. | ... touching a poisonous spider. | ... crossing the street without checking both ways. |

Ask someone in your family to write down a time when fear kept them from doing what they needed to do. _____

5,000
POINTS

Say this week's point from memory!

Fear is a feeling. It's not who I am.

10,000
POINTS

Say this week's verse from memory!

2 Timothy 1:7 NLT ... God has not given us a spirit of fear ... but of power, love, and self-discipline.

10,000
POINTS

Complete this Bible Plan with your family!



Kids Can Fight Fear

www.go2.lc/KonnectBiblePlans

Complete this Challenge Card with a parent and ask them to sign below. Bring it to the Konnect Window to get your points!

Name: _____ Keytag #: _____

Parent Signature: _____